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**Steve's Song**

Patient Steve Khan's singing recovery

**New Chair**

Welcome Wendy Williams

**Immunotherapy**

Find out what it is all about



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## Annual Review 11-14



Chief Executive, Andrew Cannell

This is the second edition of our new look magazine – we've taken on board some feedback and made some further improvements to make it look even better. We hope you like it.

We had a busy summer at the Centre – we said goodbye to our Chairman, Alan White, who has been at the Trust for 16 years and welcomed our new Chair, Wendy Williams. Wendy has a wealth of experience that will benefit the Trust and she is really looking forward to getting involved in our plans to expand our services into central Liverpool. Turn to page 6 to read about Wendy.

Thanks to a successful fundraising campaign we launched our free public wi-fi for patients and visitors in July, helping to further improve the patient experience.

In this edition our annual review (pages 11-14) looks back at our achievements over the last 12 months. I'm sure you will agree it's fantastic what we have achieved and I would like to thank everyone for their continued commitment and support.

By the end of 2015 we expect to apply for full planning permission for our new centre in Liverpool so the next few months are a critical time in the project. We will up-date you on how this goes in the next issue of C3 in January but in the meantime you can read where things are up to on page 8.

Chief Executive  
Andrew Cannell

## Get in touch >>>

We would love to hear about **your experiences** at the Centre, so please get in touch.

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🐦 @ccc NHS

## Our picks from the latest topics...

### New technology trialled to respond to chemotherapy side effects

»» The Centre became the first hospital in the North West to trial the use of a mobile phone system developed by researchers at the University of Surrey (The Advanced Symptom Management System) which offers a more effective way to respond to chemotherapy patients' side effects.

We currently operate a 24-hour telephone triage service, to determine whether or not patients need urgent medical care. This mobile technology trial will support the current service and help the Centre's triage teams react even quicker to alleviate side effects.

Patients are offered a specifically programmed smartphone to take home, which will help them keep track of their symptoms, and get support when needed, by communicating directly with staff at the Centre through the mobile network.

Initially the trial will include patients undergoing one cycle of chemotherapy for breast and colorectal cancer. In the next stage this will be rolled out to more patients who will be asked to use the device for three cycles of treatment.



### Local interior designer is head and shoulders above the rest

»» Talented Warrington based interior designer Lisa Barnes of Emmie B Interiors has used her design expertise to create a beautiful environment to support patients who are experiencing hair loss.

With support from The Clatterbridge Cancer Charity, the bespoke room features calming interiors and exquisite custom made furniture for patients attending appointments with Breast Cancer Care's 'HeadStrong' service. Merseyside comedienne Pauline Daniels, who recently received treatment for breast cancer at the Centre, was guest of honour at an afternoon tea party to officially launch the room in June.

Lisa said: "I was honoured to be approached to help create this space. Having lost people to cancer, and watched family members go through the awful experience of hair loss, I jumped at the chance to create something that will help patients feel pampered and special at such a vulnerable time in their lives."

**HeadStrong appointments are held in the new room on Tuesdays and Wednesdays** at The Clatterbridge Cancer Centre in Wirral. To book call **0151 334 1155 ext 4109** or visit [www.breastcancercare.org.uk](http://www.breastcancercare.org.uk)



### Clinical trials for penile cancer

»» Whilst breast cancer and cervical cancer are openly discussed amongst the public and in the media, awareness of male specific cancers are lagging behind. Prostate cancer and testicular cancer have increasing levels of awareness; however, penile cancer remains a taboo.

Penile cancer is relatively rare. In the UK, around 550 men are diagnosed with it every year, mostly in the over 60s age group. However, despite being much less common than prostate or testicular cancer, the incidence is increasing.

NICE guidance released in June 2015 to help early diagnosis of cancer could be a major breakthrough for early diagnosis in cancers such as carcinoma of the penis. There is one major caveat though. Men must be more willing to talk about the signs and symptoms and present themselves earlier, in order for the new symptoms-based approach to diagnosis to be most effective.

The Centre is currently taking part in two multi-centre clinical trials for penile cancer. One is for cancer that has spread outside the penis, to other parts of the body. The second, soon to open at Clatterbridge, is investigating a chemotherapy drug in relapsed or locally advanced cancer of the penis.

# Steve's song



Singer Steve was told he may never perform again due to throat cancer, but is now back on the stage, singing his way into a hopeful future.

**S**teve Khan, 54 from Greasby in Wirral, was diagnosed with throat cancer in 2013, 18 months after he gave up his career as a successful NHS Wirral commissioning manager to sing full time.

"I have always performed, I sang part-time at weekends and the stage was always somewhere I felt most comfortable. I was going through some personal changes in my life, and I wasn't happy with changes that were happening in my job – it just felt like it was the right time to make a change and I decided to make a go of performing full time.

"I was singing everywhere from local pubs and clubs to festivals in London, Ireland and Germany, as well as doing smaller rehearsal gigs at local nursing homes. But it was the nursing home gigs that I found the most rewarding, and they slowly built up as regular work. I wasn't earning a huge

amount of money, far from it, but I was making a real difference in people's lives. Music therapy is a great benefit to dementia patients. Playing a gig, watching the residents awaken and then hearing the stories of their lives unfold because of the music I was playing – was simply fantastic. I knew I had made the right decision to leave my job and joked I would be 'doing a Tommy Cooper' as I had no intention of giving this up anytime soon. I would happily keep performing until I dropped down dead."

But his dreams of singing past his retirement came to an abrupt end when he was warned his voice may be permanently damaged after treatment for his cancer. Steve said: "I first knew something was wrong when I felt a lump in my throat, but I just put it down to the singing. I was using my voice constantly, so to have a throat complaint didn't seem strange at first."

*"I felt so lucky to have the expertise of the Clatterbridge specialists on my doorstep"*



Steve then had a biopsy and after at first thinking the lump was a cyst, he was told that the diagnosis was cancer. On Christmas Eve 2013, Steve had the lump from his throat removed, where two further cancerous lumps were discovered by surgeons.

Steve continued: "I was devastated to learn that the cancerous lumps in my neck were secondary tumours and the cancer had originated somewhere else. After more consultations, it was discovered that the cancer had originated in my tonsils and I had a course of radiotherapy and chemotherapy combined (chemoradiation) at The Clatterbridge Cancer Centre to treat the condition.

"I felt so lucky to have the expertise of the Clatterbridge specialists on my doorstep, they were fantastic. Having worked in the NHS, I had a lot of experience

of different healthcare providers, but Clatterbridge is something special. I was never afraid of going there. I had three emergency admissions during my treatment and I was actually relieved when they told me I would need to go in as I knew I would be in the most capable hands. I've asked the same question a lot since my experience of Clatterbridge "Why isn't every hospital in the NHS run like them?" Their compassionate bedside manner is prevalent whether you're in a bed or not. They just care!"

Dr Caroline Brammer, consultant clinical oncologist at the Centre and a specialist in head and neck cancers, treated Steve. Dr Brammer said: "Steve's cancer actually originated from a virus, unlike some other mouth and throat cancers which are typically associated with lifestyle factors. Tonsil cancer is rare but can be difficult to diagnose due to its symptoms, which are often attributed to other common ailments.

"Steve has made a brave recovery from his condition and I am thrilled that he is now able to go back to the profession that he loves so much."

Steve is now in remission and despite the early warnings that he may never sing again, performed his first gig in August and has been back performing since: "I needed some sessions with a voice coach and the speech and language therapist at the Centre helped me lots. I reintroduced myself to singing really slowly, and although my voice has gone down an octave and there are certain songs I can't sing – it's a small price to pay to be cancer-free and be able to sing again."

During Steve's treatment, he took part in a clinical trial, investigating the side effects of drugs used to treat this type of cancer.

Mouth cancer is an uncommon type of cancer, accounting for **one in 50** of all cancer cases.

In the UK, just **over 6,767 new** cases of mouth cancer were diagnosed in 2011 (the latest reliable data).

The incidence of **carcinoma of the Tonsil is increasing.**

Tumours originating from a virus in the head and neck have **more than doubled** since the 1990's (541 in 1990 – 1498 in 2008)

# Welcome Wendy

We are delighted to announce the appointment of our new Chair, Wendy Williams. Mrs Williams replaces Alan White who retired at the end of July after 16 years as Chairman.



*"I am delighted to be joining The Clatterbridge Cancer Centre"*

Previously an HR Director specialising in organisational change across both private and public sector organisations, Wendy established her own business 20 years ago to work on large change projects in both private and public sectors.

Having a long association with the NHS, she has previously held three Non-Executive Director positions as well as having worked in UK central government departments internationally in France, Germany and the USA.

She said: "I am delighted to be joining The Clatterbridge Cancer Centre at a very exciting and challenging time in its history as we look to redesign and expand our services with the building of a new hospital in Liverpool. I am hoping that my skills and experience in change management can add to the strengths the Board already has.

"It is clear that the Trust has a loyal and dedicated workforce who are extremely committed to providing high quality patient care. I am very much looking forward to working with the Board of Directors, Council of Governors and staff across the Trust to support the organisation in going from strength to strength."

Alan White said, "I am delighted that Wendy will be bringing her vast experience of helping organisations through successful change to the Trust. It has been a privilege to work with so many able and committed people over the past 16 years and much has been achieved. I am sure that with Wendy's leadership the Trust will be able to continue the work of transforming the provision of cancer services in Merseyside and Cheshire."

Mrs Williams' appointment was formally approved by the Council of Governors at their meeting on 6th

July. She was appointed with effect from 1st August 2015 for a term of three years.

Staff joined together at the annual staff BBQ to wish Alan White a fond farewell on his last day and a huge thank you for his service to the Trust over the years. The Trust commissioned a commemorative painting from the very talented Dr Sun Myint for Alan to remember us by.



Alan will be sadly missed, not least for his talent as **Head Chef** at the annual staff BBQ!

## Get connected

### We have launched a new free Wi-Fi service for our patients and visitors.

The development, which was made possible in part by donations to The Clatterbridge Cancer Charity, means that for the first time, all patients and visitors will have free access to the internet through their own devices. Whether it's keeping in touch with loved ones or passing the hours online, this is an important step in improving patient experience for today's world. Here's what 19-year-old patient Becky told us:

"I was diagnosed with ovarian cancer and told my treatment was going to be at The Clatterbridge Cancer Centre, where I'd need to stay overnight. So being a typical teenager the first thing I thought to myself was 'I hope there is Wi-Fi', haha!

"To my surprise and joy, there was! Wi-Fi is actually really important for

any patient being treated; it helps you stay in touch with the outside world when you're feeling really poorly. For me, it was especially important as I was recording my experience with cancer and chemotherapy on Facebook. Getting online also passed the time whilst I was on the wards because I was able to watch some awesome movies on Netflix whilst my dad 'hogged' the telly in my room with The Jeremy Kyle Show and Bargain Hunt, LOL! Without Wi-Fi, I would have struggled to pass time and take my mind off my treatment. Thank you Clatterbridge!"

### Info >>>

Getting online at the Centre is easy and free. Simply select **'CCC-Guest-Wifi'** in your device settings, open your browser, accept the terms and conditions and click connect.



*"Being a typical teenager the first thing I thought to myself was 'I hope there is Wi-Fi', haha!"*

## Enter the Dragons

A fab team of 25 Clatterbridge colleagues got together to enter the Chester Dragon Boat Festival in June. The famous race involves boating along the River Dee in three gruelling 200m races. Heading up the first-time team was Toby Port, Diagnostic Radiographer. He said:

"My family member was a patient and I know how much she appreciated

the care given to her by the Centre. The whole team agree that the Charity is a fantastically worthwhile cause and deserved recognition. It's charitable support that enables staff and volunteers of the Trust to continue caring for our patients in its unique and inspiring way.

"We thoroughly enjoyed the day, as did everyone who participated.

Hopefully next year we can improve on our boat times!"

### Info >>>

Toby and the team raised an outstanding **£1,919** for the Charity. Thank you to the whole team and everyone who gave so generously.



# Building your fantastic new cancer hospital



How the new hospital on West Derby Street could look

Design concept showing how main reception could look



Detailed plans for the major new cancer hospital in the heart of Liverpool are nearing completion – and we expect to apply for full planning permission by the end of 2015.

The new hospital on West Derby Street, next to the Royal Liverpool University Hospital and University of Liverpool, will provide highly specialist and complex cancer care for people across Merseyside and Cheshire.

It will also enable people who live locally and need less complex specialist cancer care to receive treatment closer to home, without travelling to our Wirral and Aintree sites.

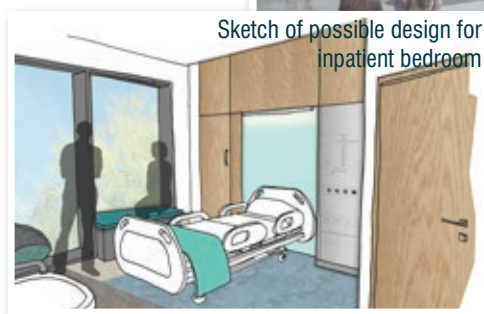
Frontline health staff from The Clatterbridge Cancer Centre have been working closely with architects and our construction partner, Laing O'Rourke, on the plans. They have got involved in depth, right down to the exact specifications and equipment for each room. Patient representatives have also been involved.

The new hospital will provide expert cancer care including inpatient wards, radiotherapy, chemotherapy, new drug treatments including immunotherapy, outpatient appointments, therapies and other cancer support.

Our ability to carry out truly groundbreaking cancer research and clinical trials will be enhanced by being on a thriving biomedical campus, next to the university and other partners. Link corridors between the cancer hospital and the new Royal Liverpool next door will provide on-site access to intensive care and other key specialties for the most complex and seriously unwell patients.

Dr Peter Kirkbride, our Medical Director, said: "This is part of a £124m investment in expanding and improving the service we provide. We believe it really will transform cancer care."

Staff and patient representatives have also been helping select a company to provide catering, portering and cleaning in the new hospital. The final decision is due to be made later this year.



Sketch of possible design for inpatient bedroom

## Tell us your views on building plans

With the detailed designs nearing completion, we're preparing to apply to Liverpool City Council for full planning permission for the new hospital.

Before that happens, we will offer people a chance to comment on the proposed design and any issues of relevance to the planning application.

The consultation will last a month and will include drop-in events where people can see our plans, meet the team, ask questions and give their views. The consultation survey will also be available online.

**Look out for more information this autumn.**





# Immunotherapy - what is it all about?

There has been a lot of coverage in the press recently about the emerging potential of immunotherapy cancer treatments. We are actively recruiting patients to a number of immunotherapy trials at the Centre so wanted to explain just what immunotherapy is all about.

**I**mmunotherapy is a type of cancer treatment which heightens the body's own natural defence mechanisms and systems to fight the cancer cells. Treatment with immunotherapy exploits the differences in molecules on the cell surface of cancer cells from that of normal cells.

Under normal circumstances the body uses antibodies to fight infection, but now following significant research, scientists in laboratories can make a type of antibody called a monoclonal antibody which mimics the body's own antibodies but is designed to recognise only cancer cells.

**There are broadly three different ways in which immunotherapy (including therapy using antibodies) works in the treatment of cancer:**

**1 By halting or slowing the growth of the cancer cells.** Growth factors are signalling molecules which attach to other molecules called receptors on the cell surface. In some cancers, there are extra copies of the receptors which means that the cancer cells can grow faster than normal cells because the growth factors stimulate them. At the Centre we are using therapies with monoclonal antibodies that block the growth factor receptors and stop the growth signal reaching the cancer cells.

**2 Improving the body's immune system to recognise and destroy the cancer cells.** We currently have research studies open where monoclonal antibodies are used to target a specific molecule in the cells called PD-1. PD-1 keeps the immune system from recognising that a cell is cancerous, so therapies that block PD-1 allow the immune system to identify and destroy the cancer cell.

**3 Preventing the cancer cells spreading to other parts of the body**

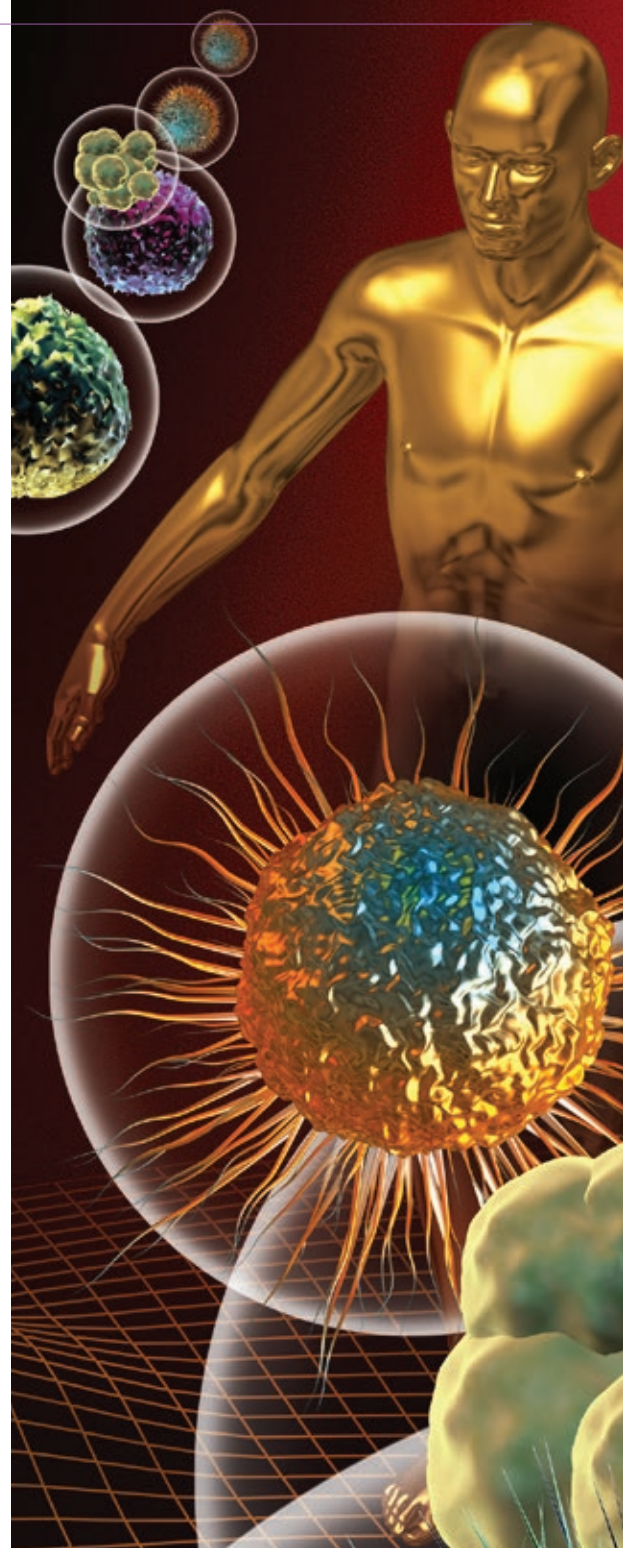
Vaccines can also be used as an immuno cancer therapy. The cancer vaccine may work by firstly priming the body's immune system to recognise the cancer cell, then stimulating the immune system to make a special type of cell called a T-cell to fight the cancer cells.

The vaccine is designed to be specific for the cancer cell, so normal cells are not affected by the vaccine. We currently have a number of research studies open that are using vaccines against a wide range of different cancers.

Our consultants continue to recruit as many patients as possible to participate in clinical trials as we know through high quality research we can improve treatment and achieve a better prognosis for our patients.



Monoclonal antibody interacting with cancer cells



# In tribute to our beloved colleague Dr John Littler

On the 15th October 2014 Dr John Alun Littler passed away peacefully at The Clatterbridge Cancer Centre, the hospital he called his second home. For it was here that he started his oncology career 28 years ago, it is where he dedicatedly cared for his patients, and where he met his beloved wife Christine. John received treatment at the centre for his glioblastoma brain tumour, and his family will be eternally grateful for the care and love he was shown by his friends and colleagues.

Hundreds of people came together at John's funeral service for a celebration of his life, which was full of music, one of John's great passions - from Bach to Chopin and ending with Aretha Franklin's 'Say a Little Prayer'. He wrote many a lyric, mostly in the style of Tom Lehrer to be performed at staff gatherings. He also played classical guitar, but it was at the piano where his true passion lay. John was an accomplished pianist, playing Clair De Lune or the First Arabesque late into the night when he thought no one was listening, a welcoming distraction after his long day at work. Not that he ever complained about his work, whether in clinic, on the treatment floor, phoning patients, reviewing case-notes and catching up on dictation, he cared so deeply about all of his patients, making him the wonderful doctor he was. The kindness and support shown by John's patients provided so much comfort to him and his family during his illness, hearing stories of how he had made a difference to others.

Playing sport was another love of John's, a keen swimmer, tennis player

and walker and his interests often centered around his family by whom he was cherished; his son Christopher, 26-years-old, a chartered accountant; his daughter Sarah 24-years-old, a medical student in her final year at Edinburgh University; and his wife Christine, a therapy radiographer.

John was educated at Birkenhead School, and subsequently went on to medical school at The University of Cambridge, Emmanuel College. After qualifying and completing his junior years in Cambridge and Norwich he returned home to Birkenhead, and completed his membership exams for The Royal College of Physicians and then his fellowship for the Royal College of Radiologists in 1989. Education continued to be a hugely important part of John's life as he had a real thirst for knowledge and research. He was accomplished teacher, and never lost his enthusiasm for sharing knowledge whether it was helping his daughter with her medicine exams, spending time teaching junior staff or presenting research, attending conferences in the field of lung and urology oncology. His desire for knowledge didn't stop there. He was constantly reading on a wide range of subjects, the arts, classics, science, religion, culture and politics. It was a family tradition to watch University Challenge on a Monday evening, and the breadth of John's knowledge was always astounding. Yet John was a selfless and modest man. We will be united by the memories of his work, his love and his compassion for patients, and the respect, support and encouragement he gave to everyone who knew him. He will never be forgotten.

*Written by John's family –  
Chris, Christopher and Sarah*



John was well-loved and respected by all who knew him for his tireless dedication to his profession and his warm and caring heart.

In honour of John the Trust has introduced the '**John Littler Medal**' which will be awarded to a healthcare professional for their outstanding contribution to patient care, research and innovation.

John's legacy is obvious to all who knew him, the continuation of giving the best possible care to cancer patients. He believed this could be best achieved by actively supporting research and the innovation of treatment techniques which lead to improved outcomes and reduced toxicity for patients.

The award will recognise the efforts of individuals whose commitment and dedication might otherwise remain hidden. The recipient of the medal will be able to further his or her education with the submission of a scientific paper or poster and be funded to attend at an academic conference or symposium.

# Annual Review

## 2014/15



### Foreword

The Annual Review gives us the opportunity once again to share with you some of our achievements from the last 12 months.

This year was defined by a continued strong performance on quality and a clear focus on the future of cancer care in Merseyside and Cheshire.

As always, we could not have achieved all we have without the dedication, hard work and enthusiasm of our staff, governors, members, volunteers and other supporters.

It is this pursuit of excellence which allows us to provide our patients with the best cancer care available.

**Wendy Williams**, Chair  
**Andrew Cannell**, Chief Executive

## Key quality of care indicators

- We met the mandatory quality targets in relation to waiting times.
- We achieved our infection control standards (C difficile and MRSA).
- We were one of the top-performing trusts in the NHS national staff survey and the Care Quality Commission's national patient surveys.
- We also achieved good results in the PLACE (Patient Led Assessment of the Care Environment) inspection of cleanliness (99.78%), food (75.5%), privacy, dignity and wellbeing (87.29%) and condition, appearance and maintenance (94.87%).



## Private patient income supports the Centre

→The on-site Clatterbridge Private Clinic, a joint venture between The Clatterbridge Cancer Centre and Mater Private Healthcare, continues to make a valuable contribution benefiting NHS patients. Our share of the profits is reinvested back into our NHS services.

## Transforming Cancer Care

→Plans to transform cancer care in Merseyside and Cheshire continued to move forward at pace.

Our vision is to develop a new hospital providing expert care and carrying out ground-breaking research and clinical trials on the same site as the Royal Liverpool University Hospital and the University of Liverpool.

The results of the Transforming Cancer Care public consultation on the proposals, which ran from July to October 2014, showed that 91% of people supported the vision for expanding and improving cancer care and 88.5% said the proposals for the new hospital would achieve it.

Proposals for the new hospital also received unanimous approval from the Joint Health Scrutiny Committee for Cheshire and Merseyside, which was

established by the region's local authorities to consider whether the new hospital was in the best interests of people's health.

The £124m development includes refurbishment of the Wirral site, which will remain a busy outpatient site providing almost all its current services. Only inpatients, the teenage and young adult unit and the most complex care will move to Liverpool. Our Aintree radiotherapy unit and our chemotherapy and outpatient clinics will also remain.



## Our finances & governance

→Managing our resources well is crucial to providing the best care: spending money on the right things that will improve services for our patients.

We achieved a surplus of £6.96m in 2014/15. This surplus is earmarked to contribute to the funding of our new hospital in Liverpool as part of Transforming Cancer Care, as well as contributing to the planned new capital improvements next year – for example, more advanced equipment and better facilities for patients and staff.

Key capital investments in 2014/15 included a new PET CT Scanner, a new Linear Accelerator and the replacement of fixed x-ray equipment and also the development of the new Research and Innovations Centre.

| Finance and Governance: 2014/15                 | Goal          | Outcome       | Achieved |
|---|---------------|---------------|----------|
| Budget surplus                                  | <b>£6.14m</b> | <b>£6.96m</b> | ✓        |
| Annual savings                                  | <b>£2.4m</b>  | <b>£2.4m</b>  | ✓        |
| Capital spending                                | <b>£6.6m</b>  | <b>£9.62m</b> | ✓        |
| Monitor* rating:                                |               |               |          |
| Governance**                                    | <b>Green</b>  | <b>Green</b>  | ✓        |
| Continuity of Services**                        | <b>4</b>      | <b>4</b>      | ✓        |
| * Monitor is the NHS foundation trust regulator |               |               |          |
| ** The best possible scores are Green and 4     |               |               |          |

## Attracting and retaining the brightest and best staff

→ Thanks to the commitment and expertise of our staff, we have built an international reputation for delivering the highest quality cancer care.

Our staff are exceptional people who are not only leading professionals in their fields but also compassionate and totally committed to doing their best for patients.

The most recent Friends and Family results published by NHS England show The Clatterbridge Cancer Centre as equal third highest in the country for staff recommending care and treatment, and equal ninth highest for staff recommending it as a place to work.

We were also named one of the best places in the country to work in healthcare in the 2014/15 annual analysis by the Health Service Journal (HSJ).

The real value of the feedback received is how we can act on the information to make improvements to patient care and ensure The Clatterbridge Cancer Centre is the employer of choice for cancer experts and support staff.



## Providing superb equipment and facilities

→ Our radiotherapy treatment centre based on the Aintree University Hospital site in Liverpool was accredited as a 'Novalis Certified Radiosurgery Centre'.

We were one of the first three centres in Europe to receive this acclaim and are now certified for our high quality of cancer treatment with radiosurgery, radiation therapy and commitment to patient safety.



## Fundraising

→ You've helped to raise another record amount for our charity this year, reaching £1.6m.

It's thanks to your support that we can lead the way in many areas of cancer research, help to provide the best treatment for our patients and also provide so many of the special touches that keep Clatterbridge so close to people's hearts.

## 25 years of pioneering ocular cancer treatment

→ The National Centre for Eye Proton Therapy marked 25 years of revolutionary eye cancer treatment at The Clatterbridge Cancer Centre in 2014. The Centre has long been a pioneer of new treatment types, providing highly specialist services in addition to more common forms of non-surgical cancer care.

The eye proton therapy service was the first of its kind in the UK when it launched in 1989 and has become internationally-renowned for this service. The National Centre for Eye Proton Therapy – newly renamed to mark its 25 years of service – attracts patients from across the UK, Europe and further afield and has treated more than 2,000 patients since it opened its doors.



## Always improving our care

→PharmaC, our subsidiary community pharmacy, marked its first anniversary and has quickly become a vital service to help us deliver a more personalised and efficient experience for our patients over the last 12 months.

The team is now looking at how they can expand their services in the future and are also supporting the Centre's 'Clatterbridge in the Community' initiative, in particular the 'cancer treatment at home' pilot, bringing high quality care even closer to our patients.



The pioneering 'cancer treatment at home' service was piloted on suitable Wirral patients receiving Herceptin treatment. Highly-trained specialist chemotherapy nurses from the Centre travelled to the patient's home to deliver their treatment in the comfort of their own home away from the hospital setting. The Wirral pilot was so successful it was rolled out further to Halton and Chester patients and is now set to reach further into Liverpool with the support of PharmaC.

A survey was carried out of 37 patients who received their chemotherapy treatment at home during the pilot. The feedback was exemplary, with 100% saying they were very satisfied with the service and would recommend home treatment to others and 100% agreeing that they were well looked after, had confidence in the nurse's ability and felt safe receiving treatment at home.

## Committed to ground breaking research

→The Clatterbridge Cancer Centre is proud to be a pioneer in the field of clinical research and over the last year we have continued to expand our research and academic activity to ensure our patients benefit from the latest advances in cancer treatment.

### During 2014/15:

- We have continued to invest in academic oncology. The academic team now consists of five chairs (four in medical oncology and one in radiation oncology) and three senior lecturers (medical oncology).
- We are developing a portfolio of studies led by The Clatterbridge Cancer Centre. We have successfully opened three multi-centre studies over the past 12 months and a further three are in the set-up phase.
- We are in the process of establishing an Oncology Biobank which will store blood, plasma, cellular material and urine (with patient consent) specifically for cancer research and means The Clatterbridge Cancer Centre will be better placed to take the lead in clinical trials for cancer both nationally and internationally.



## Working in partnership to continually improve our care

→The launch of Maggie's Merseyside at Clatterbridge took place in June 2014. By working in partnership with Maggie's, a charity that provides free practical, emotional and social support for anyone living with cancer as well as their family and friends, our patients

have immediate and easy access to a range of support services. 8,477 people visited Maggie's from June 14 to March 15.



Renowned architects Carmody Groarke designed the striking purpose-built support centre at the front of the hospital. This development has further enhanced our mission to deliver the most compassionate cancer care possible to our patients.

## Best friends Charlotte and Lexi gear up their mummy shopper bikes

Charlotte Hotson and Lexi Tetchner, both age 33 and from Liverpool, have been best friends for over a decade. They've decided to face a challenge with a difference and ride their Raleigh shopper bikes 300 miles from London to Paris to raise funds for The Clatterbridge Cancer Charity.

Charlotte said: "We cycled the Liverpool to Chester bike ride in 2013 and the London to Paris ride idea was born. Two pregnancies in 2014 put our plans on hold – but we both managed to keep cycling to keep the dream alive. Our shopper bikes with pretty little baskets certainly aren't built for speed, one has only got three gears!

"Clatterbridge is close to both our hearts. The father of a dear friend of ours, Helen, recently passed away after being terminally ill with oesophageal cancer, but was given wonderful care at Clatterbridge. This self-funded challenge is a tribute to Helen's father, Walter Little, and more recently Lexi's mother-in-law, Carol Oliver, who is undergoing liver cancer treatment at Clatterbridge."



### Info >>>

To find out how to set up a tribute fund in a loved one's name, contact the Charity team.

To support Charlotte and Lexi visit [www.justgiving.com/avenueverte](http://www.justgiving.com/avenueverte)

## In it to win it

With The Clatterbridge Cancer Charity's weekly lottery, you could be in with the chance of winning up to £25,000 every week!

Playing our lottery is a great way to support the work we do to change the lives of cancer patients, every week of the year. It's just £1 a week to enter and 50p from each play will help to fund vital research, the latest cancer treatments and life-changing services right here at The Clatterbridge Cancer Centre.

### Info >>>

Join today, visit [www.clatterbridgecc.org.uk](http://www.clatterbridgecc.org.uk) or say hello to our lottery team who are out and about in your local area



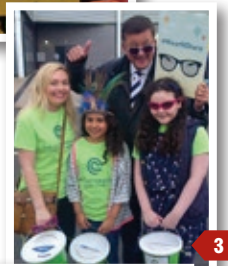
## #wearNshare for The Clatterbridge Cancer Charity

The summer saw holidaymakers at Liverpool John Lennon Airport get involved with our #wearNshare social media campaign. We loved seeing people don their shades for a selfie, while texting a donation to our Charity.

The fun didn't stop there as staff, supporters and groups around the region got involved. Take a look at some of the snaps.

### Show your support >>>

You can still donate, by texting **CURE** to **70111** to give **£4** (see p23 for T&Cs)



1. Patient Gabi Baxter with husband Neil, dog Milly and tractor Dextra at their farm in Ormskirk
2. Actresses Keddy Sutton and Ethnie Brown backstage in the Royal Court showing their support
3. Rugby commentator Eddie Hemmings with fundraising manager Rachel Donohoe and young volunteers Lidia Rimmer and Hannah Smith
4. Our staff on Sulby Ward looking ever so fabulous
5. Passengers Kelly Stuart and Clare Smith at Liverpool John Lennon Airport a quick #wearNshare snap before their flight

# Going the extra mile for you

Has someone gone that extra mile for you while you've been treated or visited the Centre? Maybe one of your colleagues deserves a huge thank you for the hard work they do?

We receive lots of nominations every month to acknowledge and reward staff for going that extra mile. It's so nice to hear about all the great work staff are doing to make the Centre and your experience the best it can be.

## Staff Achievement Award

### Here's your last four winners:

#### May 2015

##### The Access Team

The committed team dealt with a backlog of referrals, working longer hours and weekends to clear the work – achieving their goal of clearing the waiting tray.



#### June 2015

##### Fiona Courtnell, Delamere Ward Manager

Fiona was nominated for being a supportive and enthusiastic manager. She constantly strives for improvement, engages all staff and works hard to ensure patients get the best service.



#### July 2015

##### Specialty Registrars

The registrars worked together and took personal responsibility for the recruitment of three clinical fellow posts following the loss of three GP junior trainee placements which would have had serious implications on our ability to deliver inpatient services.



#### August 2015

##### Sean Cubbin, Specialist Medical Physics Technician

Sean was nominated by his colleagues for his hard work and for his cheerful nature which they feel is infectious and unwavering during stressful situations. His dedication is noted as making a huge difference to the staff and patient care.



## Double celebrations

>>> Congratulations to **Sarah Jones** (left), Prostate Cancer Advanced Nurse Practitioner (ANP), and **Sarah Cubbin**, Clinical Nurse Specialist (CNS) in Lung Cancer, for achieving their Masters in Advanced Healthcare Practice from Liverpool John Moores University.



## Highly commendable

>>> Upper GI CNS **Hayley Williams** (right), and Head and Neck CNS, **Kate Green**, received a 'highly commended award' at the 2015 Wound Academy Scholarship Awards ceremony in the summer for their work in developing a skin care policy for patients receiving radiotherapy treatment. Well done Kate and Hayley!





# Rona Ellison explains **why trade union reps are so important**

The trade unions at the Centre do a really important job, representing their members and providing a staff view on key Trust policies and decisions. Rona Ellison, who combines her role in the Clinical Effectiveness Team with being the Unison rep, told us what motivates her and how TU reps contribute to the Centre:

**I** joined Unison about 20 years ago, but it wasn't till I had problems that I realised the benefit of being able to call on the strength and support of my Unison rep. This is when I decided to become more involved and was later elected to represent staff.

Being a trade union rep is very varied. I do a lot of casework, representing Unison members in the Centre who need advice, have concerns or are involved in different kinds of work situations. I can represent and support them in mediation to try and resolve things, meetings with their managers and more formal hearings.

It is a big responsibility but you get lots of training and support, both from the Centre and your union. In Unison, new reps get in-depth training in employment law, organising and representing

*“The best thing is giving a voice to people who feel they don't have one”*

**Rona Ellison**  
Trade Union Lead and Unison rep  
for medical records at  
The Clatterbridge Cancer Centre

members, equality and diversity, and health and safety. You can also do further training to specialise in certain areas e.g. employment law or health and safety.

The most satisfying part of being a trade union rep is that you're giving a voice to staff who may not feel they have a voice or who are going through difficult times in work or in their personal lives but which is affecting their work.

We make a difference in other ways as well. This Trust really values input from trade union reps through the partnership forums we have each month as well as other groups. I've been part of the group looking at car parking and worked to make sure the sliding scale of charges is fair to staff on all pay grades.

We have around 150 Unison members in the Trust. As well as having someone here who can represent and advise you, Unison members get a range of other services including free wills, discounts, free legal advice, and the 'There for You' welfare advice service including debt advisers.

My aim is to build a stronger union for all our staff. Why? Because... **'You're Worth It'.**



## What is a **trade union rep?**

- Activists and reps are organisers who talk to, recruit and organise members around workplace issues, hold meetings, undertake surveys and help run ballots.
- They give members information about union issues by publicising campaigns, distributing leaflets and keeping members informed about and involved in local negotiations.
- They are advisers and sounding boards, talking to members about workplace problems, advising on how to deal with these and arranging for help or advice from elsewhere in the union or other sources.
- They represent and speak on behalf of members in their workplace.

### Info >>>

Information from Unison website  
[www.unison.org.uk](http://www.unison.org.uk)

# Clatterbridge Private Clinic's expertise goes global



Clatterbridge Private Clinic offers private patients rapid access to the most advanced cancer treatments and technologies.

Clatterbridge Private Clinic is welcoming an increasing number of patients who are travelling from across the globe to access Papillon treatment. Papillon is a contact radiotherapy procedure developed for the treatment of rectal cancers.

Professor Arthur Sun Myint, who introduced the Papillon technique into the UK in 1993 and then started the facility at The Clatterbridge Cancer Centre, said the Clinic had achieved a new landmark after welcoming a patient from Australia for the first time. The treatment, which is also available to NHS patients, uses low energy X-rays and is recommended for early stage rectal cancer patients who are not suitable for surgery. It means patients have a better quality of life as they may not require major surgery and the procedure itself takes a matter of minutes.

Professor Myint said: "Papillon has been recognised as a revolutionary form of treatment for rectal cancers and the increasing number of patients we are treating from both the UK and overseas is testament to this."

Clatterbridge Private Clinic offers private patients from both the UK and overseas rapid access to the most advanced cancer treatments and technologies. Clatterbridge Private Clinic is part of The Clatterbridge Cancer Centre NHS Foundation Trust. This means that income from the Clinic is reinvested back in to the Trust to support the delivery of cancer care across the region and maintain and enhance NHS services.

If you would like further information about treatment at Clatterbridge Private Clinic, please contact the Patient Liaison Team on **0151 482 7863**.



## Willow rings in the bell

11-year-old Willow Ward, from Stoke-on-Trent, finished a six-week course of radiotherapy for a brain tumour in July, and to mark the brave achievement she was the first patient to ring the new 'end of treatment bell'.



The bell has been provided by national charity 'End of Treatment Bells UK'. The charming aim of the charity is to provide every cancer treatment facility in the UK with a special 'end of treatment bell' so paediatric patients can mark the end of their treatment with a ceremonious ring of the bell.

Paediatric radiographer Hannah Wilson said: "The idea is to give the children a public celebratory 'graduation' ceremony for getting through their treatment.

"We have special bravery certificates for the children too, so will be making a big fuss of their achievement and applauding them. It's such a simple, but effective idea that the End of Treatment Bell UK charity has come up with. The children should be applauded for getting through their treatment. It's a massive achievement for any patient. In fact a few of the adult patients are now



Willow was joined by her family to celebrate her last day of treatment

sneaking a ring of the bell on their last day too, and why not!"

The bell is mounted onto a rainbow adorned skyline backboard with the inscription: "Ring this bell three times well. Its toll to clearly say, my treatment's done, this course is run and I am on my way."

## Consultant profile

# Dr Mohamed Saipillai

Consultant Clinical Oncologist

**H**e joined Clatterbridge in August 2008 as a Specialist registrar in Clinical Oncology. On completion of his specialist training in 2013 he was delighted to be appointed as Consultant Clinical Oncologist at the Centre. Whilst his key clinical specialties are in the treatment of breast, skin and haematological malignancies, he also specialises in treatments using Brachytherapy and total skin irradiation techniques for the treatment of some skin cancers.

## »» He enjoys:

As a family man he enjoys maintaining a work-life balance and with two young daughters he is kept as busy and entertained out of work as he is in! He has a wide range of personal interests with his love of playing sport and particularly cricket, tennis and table tennis being of high importance. As a keen cricketer he gets to combine maintaining his fitness and social enjoyment by playing for the West Didsbury Cricket Club in the Greater Manchester Amateur cricket league.

## »» He also:

His passion for teaching and training was the driver for his creation and development of The Clatterbridge Final FRCR Part B Mock Exam. This course is instrumental in helping trainee Clinical Oncologists prepare for the final part of the FRCR examination which is an exam that all trainees have to pass to become Consultants. The course has been extremely popular and has attracted delegates from all over the UK and abroad. This exciting course has gained peer respect and it further enhances the profile of the Centre.

He is also an examiner for the Final FRCR Part A examination at the Royal College of Radiologists (RCR) and has recently been appointed as the RCR Tutor for the Mersey Clinical Oncology Training scheme.

## »» He said:

“Joining Clatterbridge to start my oncology career and all it has entailed has been an exciting chapter in my life. The progression from trainee to Consultant is always a steep learning curve, thanks to the Trust’s core values and focus on teamworking, this transition was so much easier for me and I am proud to be a member of its wider team.

“The challenges and opportunities of the expansion into Liverpool make it an exciting time for the Centre and I look forward to the way new treatments and our continuing patient-centred practice, revolutionise the impact on patient outcomes.”



*“I look forward to the way new treatments and our continuing patient-centred practice, revolutionise the impact on patient outcomes.”*

## Supporters rise to the challenge

June saw the close of our Charity's first ever Corporate Challenge. Working closely with our friends at The Business Network, 12 Cheshire companies were given £50 each and challenged to generate as much cash as possible within six months. A weekly league table was circulated and the competition quickly started to hot up with innovative ideas flying between teams.

With plenty of networking hosted by The Clatterbridge Cancer Charity – teams shared ideas, contacts and business whilst raising a huge sum to help us purchase the Varian Edge radiotherapy treatment machine, making The Clatterbridge Cancer Centre the first hospital in the UK to have this incredible piece of equipment, the very latest in cancer treatment.

From epic treks in fancy dress to soap star football matches, the challengers pulled out all the stops achieving a phenomenal £32,000.

Challenge Champions MBNA completed the Yorkshire Three Peaks with 40 employees taking part. The team, who were joined by representatives from the Centre, reported gruelling conditions with 50mph winds. Not fazed by the weather, the team completed the challenge in 12 hours, raising £13,000 and bringing their total raised to over £90,000! A huge thank you to everyone involved.



### Show your support >>>

If you want to take part in our next challenge, call the Charity today on **0151 482 7948** for ideas on how you can make a difference to our work, and yours!

## Write a Will Month

“My name is Jim. I am so grateful for the wonderful care my dear late wife Betty received that I've decided to leave a gift in my will to The Clatterbridge Cancer Charity.

“I know that once my own family are taken care of there will be some money over to support the Clatterbridge family who have been there for so many people over the years, including me.”

This November we are hosting our annual **'Write a Will Month'**. Keep an eye on the Charity website for a list of participating firms who are generously donating their time to write your Will, in return for a donation to The Clatterbridge Cancer Charity.

To find out more simply call the Charity team on **0151 482 7948**.

# Long service awards

»» We held a special lunch in July to recognise our long service employees and volunteers. Medical Director Peter Kirkbride and Chairman Alan White performed his last commemorative hand-shakes to thank staff for their commitment over the years. Thank you and congratulations to everyone who was awarded on the day.



Staff 20 years service



Volunteers 20 years service



Staff 10 years service



Volunteers 10 years service

## All good things must come to an end...

We've been saying our fair share of fond farewells to long serving staff as they leave us for restful retirements.

### Pauline Hammond,

Associate Director of Nursing retired in the summer after 33 years of service at the Trust. Pauline made a significant contribution to the Centre, especially in cancer nursing, chemotherapy and the leadership and development of the Cancer Rehabilitation and Support (CReST) services.



**Philip Mayles**, Head of Physics retired after 45 years of dedicated service in the NHS. 20 of those years were spent pioneering radiotherapy treatment developments at The Clatterbridge Cancer Centre.



**Alan Nahum** (right), Head of Physics Research retires in October after 11 years at the Centre applying his physics knowledge to improve treatments for cancer patients. Alan will be retiring to Sweden. He commemorated his retirement year with the publication of his co-authored book on radiotherapy treatment planning. 'Radiotherapy Treatment Planning - Linear-Quadratic Radiobiology' is available now from CRC Press.



## Events Calendar

OCT

**Sun 4 October**

### **Chester Marathon**

A fast and largely flat spectacular city and rural route.

**Friday 16 October**

### **Grand Atlantic Ball**

Our Annual Ball at the fabulous Titanic Hotel, Liverpool.

NOV

**Saturday 7 November**

### **Delamere Forest Night Runner**

10k night trail on the paths of Delamere Forest.

DEC

### **Speakeasy Ball Christmas Parties, Aintree Racecourse**

With dates throughout December, Enjoy dodgem cars, live entertainment and dinner, for JD Parties' chosen charity, The Clatterbridge Cancer Charity.

**Sunday 6 December**

### **Liverpool Santa Dash**

Join 1,000s of Santas as they make their way around Liverpool city centre.

JAN

### **New Year's Resolution**

What will you do to make 2016 different: Cycle Transylvania, Trek the Great Wall of China?

FEB

**Sunday 7 February**

### **Southport Mad Dog 10k**

Voted the best 10k in the 2015 national running awards (yet again).

MAR

**Sunday 27 March**

### **Skydive Sunday**

Make your Easter Sunday eggstra-special and join us for an amazing tandem Skydive.

## Find out more

Find out more about our Charity events at [www.clatterbridgecc.org.uk](http://www.clatterbridgecc.org.uk) or call us on **0151 482 7948**

## Bowled over at Eaton Estate

In July, by kind permission of their Graces The Duke & Duchess of Westminster, The Clatterbridge Cancer Charity were invited to take part in a cricket match against their own staff in the grounds of their home, Eaton Estate.

It was a closely contended match, but Eaton Estate triumphed against our own team, headed up by Dr Syed Hussain. A well deserved win for the staff who have raised a whopping £90,000 for our Charity to date.



## Wonders of the world

To date our amazing supporters have trekked the Great Wall of China, hiked across Jordan and tackled the heights of Kilimanjaro. They've cycled across Madagascar, Nepal, Vietnam and Cambodia and they're not stopping there!

With teams gearing up for this year's overseas challenges, we're already talking about what adventures await next year... Cycle Transylvania, South Africa and trekking the Inca Trail in mysterious Peru. They may sound fun, but these challenges will put you to the test!



## Christmas is on its way



On Sunday 6th December, thousands of Santas will make their way to Liverpool Waterfront to take part in one of the region's best loved running events.

Whatever the weather, the atmosphere is always amazing at the Liverpool Santa Dash as runners and fun runners alike don their Santa suits to run or walk the 5k route.

Every year a team of Clatterbridge staff, including Sarah Marsh and Debbie Rothwell (pictured) take part. They said: "The Santa Dash is a brilliant way to kick off the festive season and it's always great to see people coming together to support our Charity. We'd urge everyone to come along and join the fun!"

## Info

Find out more at [www.clatterbridgecc.org.uk](http://www.clatterbridgecc.org.uk)

## Moroccan Kebabs

with vegetables and turkey

Makes 4 servings (2 kebabs each).  
Per serving: 286 calories, 12 g total fat (2 g saturated fat), 14 g carbohydrate, 32 g protein, 3 g dietary fibre, 80 mg sodium.

### Ingredients:

- 8 wooden or metal kebab skewers
- 4 large cloves garlic
- 3 tbsp olive oil
- 2 tbsp fresh lemon juice
- 1 tsp ground coriander
- 1 tsp cumin
- 1/8 tsp cayenne pepper, or to taste
- 1/8 tsp cinnamon
- Salt and freshly ground black pepper, to taste
- 1lb boneless, skinless turkey breast (or chicken breast)
- 1 medium green bell pepper
- 1 medium orange bell pepper
- 1 medium yellow bell pepper
- 16 cherry tomatoes
- 1 small onion
- 1/3 cup plain Greek yogurt

### Directions:

1. Soak wooden kebab skewers in water.
2. Line 2 large rimmed baking pans with foil (1 pan if grilling).
3. Mince garlic.
4. In medium mixing bowl, combine garlic, olive oil, lemon juice, coriander, cumin, cayenne pepper, cinnamon and salt and pepper to taste.
5. Remove 2 tablespoons marinade and set aside in large bowl.
6. Cut turkey breast into 16 equal size chunks. Add turkey to medium bowl with remaining marinade and toss well. Set turkey aside to marinate.
7. Cut and seed each bell pepper; cut into 8 pieces and add to large bowl with reserved marinade. Add cherry tomatoes and toss to coat with marinade.
8. Cut onion in half lengthwise and then each half into quarters, making 8 wedges.
9. To assemble kebabs on skewers slide on tomato, green pepper, turkey, half an onion wedge, red pepper, other half onion wedge, turkey, yellow pepper and tomato or in preferred order. Lay kebabs on baking pan(s).
10. Brush with oil and barbecue or grill for 10-15 minutes, turning from time to time until cooked through and no pink remains.

I'd like to support  
The Clatterbridge  
Cancer Charity and  
help to change lives

### Please send me more information on;

- Supporting the charity at work
- Fundraising as a group
- Taking part in events
- Volunteering
- Leave a lasting gift in my Will

Name:

Address:

Postcode:

Telephone:

Email:

### I'd like to make a monthly gift of

- £5    £10    £15    Other

### Instruction to your Bank or Building Society

Originators Identification No.

DF Reference (for office use)



Please pay The Clatterbridge Cancer Charity from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with The Clatterbridge Cancer Charity and, if so, will be passed electronically to my bank/building society.

To: The Manager

Bank/Building Society

Address

Postcode:

Branch Sort Code

Account No.

Signature(s):

Date:

### Make your gift worth more with Gift Aid

*giftaid it*

I would like the charity to reclaim the tax on all donations I have made in the last four years, and all future donations. I am a UK tax payer, and I am paying at least as much in income and/or capital gains tax each year as the charity reclaims on my donations. If you cease to pay tax, or change your address, please contact the charity on **0151 482 7948**.

## Brain teaser

Fill in the blanks so that each row, each column and each of the 9 3x3 grids contain one instance of each of the numbers 1-9.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 1 |   | 3 | 4 |   | 9 |
|   |   |   |   |   |   |   |   |   |
| 8 |   |   | 4 |   | 9 |   |   | 7 |
| 6 |   |   |   |   |   |   |   | 8 |
| 5 |   | 1 | 8 |   |   |   |   |   |
| 9 | 4 |   |   | 6 |   | 1 | 3 |   |
|   |   |   | 6 | 1 |   |   |   |   |
|   |   |   |   | 9 | 8 | 7 |   |   |
|   | 7 |   | 3 | 5 |   |   |   |   |



Text donations - see p15: Texts cost £4 plus standard rate text message charge. 100% will be received by the charity. Helpline 0151 482 7948. Please ensure you have the bill payer's permission.

# Pets As Therapy



Pets As Therapy is a national charity that provide therapeutic visits to hospitals, hospices, nursing and care homes, special needs schools and other care facilities from volunteers with their own friendly, temperament-tested dogs and cats.

Sue Yates has been volunteering for the Centre with her PAT dogs for over 10 years. You will see her around the Centre in Wirral wearing her yellow polo shirt accompanied by her 4-year-old Border Collie – Callie.

Look out for the sign on the main reception desk which lets you know Sue and Callie are in the Wirral Centre for a visit. Or if you are an inpatient and would like a visit from Sue, tell your nurse and she will arrange that for you.

If you see Sue and Callie wandering around the Centre, feel free to say hello. **Callie would love to meet you!**



## New website

**We've got a new look website!**

Check us out at [www.clatterbridgecc.nhs.uk](http://www.clatterbridgecc.nhs.uk) and let us know what you think.



## Hospital shop and café

The Royal Voluntary Service shop and café provides convenient refreshments for patients, visitors and staff and provides a welcoming place to take a break.

### Opening times:

#### Wirral

- **Coffee Shop** (main entrance)  
8am-5.30pm Mon-Fri, 11am-2pm Sat & Sun
- **Tea Bar**  
9am-5pm Mon-Fri, closed at weekends

#### Liverpool

- **Coffee Shop** (main entrance)  
9am-4pm Mon-Fri

\* The RVS also provide a trolley service to inpatient wards before noon every day.



## Brain teaser Solution

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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 6 | 2 | 1 | 8 | 3 | 4 | 5 | 9 |
| 1 | 9 | 4 | 5 | 7 | 6 | 2 | 8 | 3 |
| 8 | 5 | 3 | 4 | 2 | 9 | 6 | 1 | 7 |
| 6 | 2 | 7 | 9 | 3 | 1 | 5 | 4 | 8 |
| 5 | 3 | 1 | 8 | 4 | 2 | 9 | 7 | 6 |
| 9 | 4 | 8 | 7 | 6 | 5 | 1 | 3 | 2 |
| 4 | 8 | 9 | 6 | 1 | 7 | 3 | 2 | 5 |
| 3 | 1 | 5 | 2 | 9 | 8 | 7 | 6 | 4 |
| 2 | 7 | 6 | 3 | 5 | 4 | 8 | 9 | 1 |