

PROTOCOL

Systemic Anti Cancer Therapy Protocol

BeGEV R/R Hodgkin's Lymphoma

PROTOCOL REF: MPHABEGEV
(Version No. 1.0)

Approved for use in:

- Relapsed/refractory (R/R) Hodgkin's Lymphoma

Blueteq registration not required

Dosage:

Drug	Dose	Route	Frequency
Gemcitabine	800 mg/m ²	IV infusion	Day 1 and 4
Vinorelbine	20 mg/m ²	IV infusion	Days 1
Bendamustine	90 mg/m ²	IV infusion	Days 2 and 3
Prednisolone	100mg	Oral	Days 1 to 4

Cycle length: 21 days. Maximum four cycles.

Administration:

- Patients will require irradiated blood products (lifelong) –the patients receive information booklets about irradiated blood when counselled by the specialist nurses. It contains an alert card that the patient carries around with them. The specialist nurses will then contact the lab to inform them of the need for irradiated blood products

Emetogenic risk:

Severely emetogenic.

Issue Date: May 2023 Review Date: May 2026	Page 1 of 7	Protocol reference: MPHABEGEV
Author: Aileen McCaughey	Authorised by: DTC	Version No: 1.0

Supportive treatments:

- Allopurinol PO 300mg OD for the first cycle (100mg OD in severe renal dysfunction)
- Chlorhexidine 0.2% mouthwash 10mls QDS
- Co-trimoxazole PO 480mg OD
- Filgrastim s/c 30 or 48 million units OD (30million units if \leq 70kgs; 48 million units if \geq 70kgs) from day 5 for 5 days
- Metoclopramide PO 10mg TDS prn
- Ondansetron IV 8mg prior to chemo on day 1 and then 8mg PO BD for 5 days

Extravasation risk:

Gemcitabine: non-vesicant

Bendamustine: vesicant

Vinorelbine: vesicant

Refer to the CCC policy for the 'Prevention and Management of Extravasation Injuries'

Interactions:

Gemcitabine

No known drug interactions but gemcitabine is a radiation sensitiser so care is needed if radiotherapy is to be given concurrently.

Vinorelbine

As vinca alkaloids are known substrates for P_glycoprotein, and in the absence of specific study, caution should be exercised when combining vinorelbine with strong modulators of this membrane transporter.

As CYP3A4 is mainly involved in the metabolism of vinorelbine, combination with strong inhibitors of this isoenzyme (e.g. azole antifungals such as ketoconazole and itraconazole) could increase blood concentrations of vinorelbine and combination with strong inducers of this isoenzyme (e.g. rifampicin, phenytoin) could decrease blood concentrations of vinorelbine

Issue Date: May 2023 Review Date: May 2026	Page 2 of 7	Protocol reference: MPHABEGEV
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Bendamustine

Bendamustine metabolism involves cytochrome P450 (CYP) 1A2 isoenzyme. Therefore, the potential for interaction with CYP1A2 inhibitors such as fluvoxamine, ciprofloxacin, aciclovir and cimetidine exists

For more detailed interactions please refer to the SPC and add a link to the appropriate SPC

Treatment schedule:

Day	Drug	Dose	Route	Diluent and rate
1 to 4	Prednisolone	100mg	PO	
1	Ondansetron	8mg	IV	30 minutes before chemotherapy
	Vinorelbine	20mg/m²	IV	In 50ml sodium chloride 0.9% over 10 minutes
	Gemcitabine	800mg/m²	IV	In 250mls sodium chloride 0.9% over 30 minutes
2	Bendamustine	90mg/m²	IV	In 500mls sodium chloride 0.9% over 60 minutes
3	Bendamustine	90mg/m²	IV	In 500mls sodium chloride 0.9% over 60 minutes
4	Gemcitabine	800mg/m²	IV	In 250mls sodium chloride 0.9% over 30 minutes

Main toxicities:

Thrombocytopenia, neutropenia, anaemia, nausea, vomiting, diarrhoea, peripheral neuropathy

Investigations and treatment plan:

	Pre	Cycle 1	Cycle 2	Cycle 3	Cycle 4	Ongoing
Informed Consent	X					
Clinical Assessment	X	X	X	X	X	
FBC	X	X	X	X	X	Every cycle
U&E & LFTs	X	X	X	X		Every Cycle
CrCl (Cockcroft and Gault)	X	X	X	X		Every cycle
PET-CT scan**	X					At the end of treatment and if clinically indicated
ECG						If clinically indicated
Blood pressure measurement	X					Repeat if clinically indicated
Respiratory Rate						If clinically indicated
Height	X					
Weight recorded	X	X	X	X		Every cycle
Blood glucose	X					Repeat if clinically indicated

Issue Date: May 2023 Review Date: May 2026	Page 4 of 7	Protocol reference: MPHABEGEV
Author: Aileen McCaughey	Authorised by: DTC	Version No: 1.0

Dose Modifications and Toxicity Management:

Haematological toxicity:

Proceed on day 1 if-

ANC $\geq 1.0 \times 10^9/L$	Platelets $\geq 100 \times 10^9/L$
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In case of cytopenias delay chemotherapy and repeat FBC in one week.

These haematological guidelines assume that patients are well with good performance status, that other acute toxicities have resolved and the patient has not had a previous episode of neutropenic sepsis.

Non- Haematological toxicity:

Dosing in renal and hepatic impairment:

Renal	Gemcitabine	No dose adjustment needed for renal dysfunction but if the patient is receiving dialysis then dialysis should start 6 to 12 hours after gemcitabine administration
	Vinorelbine	No dose adjustment needed for renal dysfunction
	Bendamustine	No dose adjustment needed for renal dysfunction

Hepatic	Gemcitabine	Total bilirubin ≥ 27 micromol/L: either start at 80% of the original dose and increase the dose if tolerated or start with full dose with active monitoring
	Vinorelbine	In severe hepatic dysfunction consider 66% of original dose
	Bendamustine	Moderate (bilirubin 20 -51 micromol/L): 70% of the original dose Severe (bilirubin > 51 micromol/L): not recommended

References:

- <https://www.medicines.org.uk/emc>. Gemcitabine 10mg/ml solution for infusion. Accessed 17/04/2023. Date revised 13/10/2022.

Issue Date: May 2023 Review Date: May 2026	Page 5 of 7	Protocol reference: MPHABEGEV
Author: Aileen McCaughey	Authorised by: DTC	Version No: 1.0

2. <https://www.medicines.org.uk/emc>. Navelbine 10mg/ml concentration for solution for infusion. Accessed 17/04/2023. Date revised 14/07/2021
3. <https://www.medicines.org.uk/emc>. Bendamustine hydrochloric 2.5mg/ml powder for solution for infusion. Accessed 17/04/2023. Date revised 25/03/2021
4. Armando Santoro, Rita Mazza, Alessandro Pulsoni, Alessandro Re, Maurizio Bonfichi, Vittorio Ruggero Zilioli, Manuela Zanni, Francesco Merli, Antonella Anastasia, Stefano Luminari, Giorgia Annechini, Manuel Gotti, Annalisa Peli, Anna Marina Liberati, Nicola Di Renzo, Luca Castagna, Laura Giordano, Francesca Ricci, Carmelo Carlo-Stella; Five-year results of the BEGEV salvage regimen in relapsed/refractory classical Hodgkin lymphoma. *Blood Adv* 2020; 4 (1): 136–140. doi: <https://doi.org/10.1182/bloodadvances.2019000984>
5. Krens S D, Lassche, Jansman G F G A, et al. Dose recommendations for anticancer drugs in patients with renal or hepatic impairment. *Lancet Oncol* 2019; 20: e201–08.

Issue Date: May 2023 Review Date: May 2026	Page 6 of 7	Protocol reference: MPHABEGEV
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Circulation/Dissemination

Date added into Q-Pulse	31 st August 2023
Date document posted on the Intranet	N/A

Version History

Date	Version	Author name and designation	Summary of main changes
May 2023	1.0	Aileen McCaughey Haematology Pharmacist	New protocol. Bendamustine is within block contract.

Issue Date: May 2023 Review Date: May 2026	Page 7 of 7	Protocol reference: MPHABEGEV
Author: Aileen McCaughey	Authorised by: DTC	Version No: 1.0