

Systemic Anti-Cancer Therapy Protocol

Ipilimumab with Nivolumab Combination treatment in Malignant Pleural Mesothelioma

PROTOCOL REF: MPHAIPNILU
(Version No.: 1.1)

Approved for use in:

First line treatment of unresectable malignant mesothelioma of pleural origin or non-pleural origin and fulfils the following criteria:

Histological subtype of mesothelioma- epithelioid type or non-epithelioid type (sarcomatoid or mixed/biphasic) histological types.

No known brain metastases or symptomatically stable brain metastases prior to start of treatment.

PS 0 – 1

Blueteq Registration Required

Dosage:

Combination

| Drug | Dosage | Route | Frequency | Duration of Treatment |
|------------|--------|-------------|---------------------------|--|
| Nivolumab | 360mg | IV Infusion | Days 1 and 22 6 weekly | Until disease progression, unacceptable toxicity, or up to 2 years* in patients without disease progression whichever is sooner |
| Ipilimumab | 1mg/kg | IV Infusion | Day 1 only 6 weekly | |

OR

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Monotherapy

ONLY if ipilimumab has to be discontinued as a consequence of toxicity, nivolumab can be continued as monotherapy.

| Drug | Dosage | Route | Frequency | Duration of Treatment |
|------------|--------|-------------|--------------------|---|
| Nivolumab* | 360mg | IV Infusion | Days 1 3 weekly | Until disease progression, unacceptable toxicity, or <u>up to 2 years* in patients without disease progression whichever is sooner</u> |

*** Maximum of 35 cycles of nivolumab and 17 cycles of ipilimumab inclusive of both combination and monotherapy.**

Exclusions

History of pneumonitis, myocarditis, organ transplantation, HIV infection, active hepatitis B or C infection

Active infection requiring systemic treatment

Less than 4 weeks from major surgery

History of clinically severe autoimmune disease

Extravasation risk:

Both agents are monoclonal antibodies- considered neutral.

Refer to the CCC policy for the '[Prevention and Management of Extravasation Injuries](#)'.

Dosing in renal and hepatic impairment (Prior to start of treatment ONLY/Baseline):

| | | |
|-------|------------|--|
| Renal | Ipilimumab | eGFR < 30ml/min/1.73)- limited data use with caution |
| | Nivolumab | |

| | | |
|----------------|------------|---|
| Hepatic | Ipilimumab | Administered with caution in patients with: Transaminase levels (ALT and/or AST) $\geq 5 \times$ ULN or bilirubin levels $> 3 \times$ ULN |
| | Nivolumab | Administered with caution in patients with: Moderate (total bilirubin $> 1.5 -3 \times$ ULN and any AST) or Severe (total bilirubin $> 3 \times$ ULN and any AST*) hepatic impairment. * Within normal limits or high |

Counselling points:

Women of childbearing potential should use effective contraception throughout treatment and for at least 5 months following the last dose of nivolumab.

Contact the triage team for the following:

- New or worsening cough, chest pain or shortness of breath
- Diarrhoea or severe abdominal pain (with or without blood/mucous)
- Jaundice, severe nausea or vomiting, or easy bruising or bleeding
- Persistent or unusual headache, extreme weakness, dizziness or fainting, or vision changes
- Monitor for signs of infection / sepsis

Administration:

Combination

| Day | Drug | Dose | Route | Diluent and rate |
|---|----------------------|--------------|-----------|---|
| 1 | Sodium chloride 0.9% | 250mL | IV | Flush |
| 1 | Nivolumab | 360mg | IV | 100mL sodium chloride 0.9%. Infused over 30 minutes in a non-pyrogenic line with a 0.2 micron to 1.2 micron filter |
| Switch to a new administration infusion set and ensure a 30 minute infusion break occurs between Nivolumab and Ipilimumab. | | | | |

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|----|----------------------|---------------|-----------|--|
| 1 | Ipilimumab | 1mg/kg | IV | No diluent added. Infused over 30 minutes in a non-pyrogenic line with a 0.2 to 1.2 micron filter |
| 22 | Sodium chloride 0.9% | 250mL | IV | Flush |
| 22 | Nivolumab | 360mg | IV | 100mL sodium chloride 0.9%. Infused over 30 minutes in a non-pyrogenic line with a 0.2 micron to 1.2 micron filter |

Repeated every 6 weeks

Monotherapy

| Day | Drug | Dose | Route | Diluent and rate |
|-----|----------------------|--------------|-----------|--|
| 1 | Sodium chloride 0.9% | 250mL | IV | Flush |
| 1 | Nivolumab | 360mg | IV | 100mL sodium chloride 0.9%. Infused over 30 minutes in a non-pyrogenic line with a 0.2 micron to 1.2 micron filter |

Repeated every 3 weeks

Total duration of treatment 2 years (combination and monotherapy) provided no disease progression

Routine prophylaxis against infusion related reactions is not required. However, monitor during the infusion and treatment given if necessary (antihistamines, steroids etc.).

Please refer to the CCC [Hypersensitivity; Management Prevention Policy](#)

Main toxicities:

For full details on assessment and management of immune-related toxicities refer to [CCC Immuno-Oncology toxicity specific guidance for adverse event management](#).

| Immune related toxicities | |
|--|--|
| <p>Immune-Mediated Pneumonitis</p> <p>Pneumonitis occurred in 3% of melanoma patients (including G3 in 0.2%).</p> | <p>Monitor patients for signs and symptoms and evaluate with radiographic imaging and administer corticosteroids for toxicities of grade 2 or above.</p> |
| <p>Immune-Mediated Colitis</p> | <p>Monitor patients for signs and symptoms and administer corticosteroids for grade 2 or greater.</p> |
| <p>Other Immune-Mediated Toxicities:</p> <p>Hepatitis Hypophysitis Nephritis Hyperthyroidism or Hypothyroidism</p> <p>Less frequently: Exfoliative dermatitis, uveitis, arthritis, myositis, pancreatitis, haemolytic anaemia, Guillain-Barré syndrome</p> | <p>Monitor LFTs, biochemistry, cortisol, TFTs and blood glucose, consider corticosteroids for grade 2 or greater.</p> |
| <p>Other non-immune adverse events:</p> <p>Fatigue, anaemia Cough, dyspnoea Nausea, decreased appetite Pruritis, rash Constipation, diarrhoea Arthralgia</p> | <p>Symptomatic management for grade 1 with close monitoring</p> |
| <p>Laboratory abnormalities:</p> <p>Hyponatraemia, hypocalcaemia, hyperglycaemia, hypertriglyceridaemia</p> | <p>Monitor at each cycle and rule out immune-mediated reaction</p> |

The most common adverse reactions (incidence \geq 20%) in patients receiving the combination of nivolumab plus ipilimumab as per the clinical trial were fatigue, musculoskeletal pain, rash, diarrhoea, dyspnoea, nausea, decreased appetite, cough, and pruritus.

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Investigations and treatment plan:

If suspicion of endocrinopathies: request TSH, T4, T3, ACTH, cortisol, LH, FSH, testosterone (men) and prolactin (women)

| | Pre | Cycle 1 | Cycle 2 | Cycle 3 | Ongoing |
|--|-----|---------|---------|---------|--|
| Informed Consent | x | | | | |
| Clinical Assessment | x | | x | | Then every 12 weeks or as clinically indicated |
| SACT Assessment (to include PS and toxicities) | x | x | x | x | Every cycle Combination: Days 1 and 22 Monotherapy: Day 1 ONLY |
| OTR/ Go-ahead | x | | x | x | Every cycle |
| Immunotherapy bloods as per Meditech order set: FBC, U&E/renal profile, Magnesium, LFTs, TFTs, cortisol, blood glucose, LDH, CRP | x | x | x | x | Every cycle Combination: Days 1 and 22 Monotherapy: Day 1 ONLY |
| Lipid profile (cholesterol) | x | | | | At baseline then if clinically indicated |

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|--|---|---|---|---|---|
| Fatigue profile as per Meditech order set: B12, folate, Iron profile, vitamin D, Zinc, Testosterone (men only), ESR | x | | | | At baseline then if clinically indicated |
| Full set of observations (<i>BP, hear rate, temperature, respiratory rate and O₂ sats</i>) | x | x | x | x | Every cycle Combination: Days 1 and 22 Monotherapy: Day 1 ONLY |
| Creatinine Clearance (Cockcroft and Gault) | x | x | x | x | Every cycle only if baseline CrCL <40ml/min or creatinine increases above 1.5x upper limit of normal or baseline Combination: Days 1 and 22 Monotherapy: Day 1 ONLY |
| CT scan | x | | | | Every 12 weeks or as clinically indicated |
| Trop-T, CK, pro-BNP | x | | | | At baseline and thereafter as clinically indicated (ECG to be reviewed by clinical team) |
| ECG | x | | | | |

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|-----------------|---|---|---|---|--|
| Weight recorded | x | x | x | x | Every cycle Combination: Days 1 and 22 Monotherapy: Day 1 ONLY |
| Height recorded | x | | | | |

Dose Modifications and Toxicity Management:

Dosing delay or discontinuation may be required based on individual safety and tolerability.

When nivolumab is administered in combination with ipilimumab, if either agent is withheld, the other agent should also be withheld. If dosing is resumed after a delay, either the combination treatment or nivolumab monotherapy could be resumed based on the evaluation of the individual patient.

If nivolumab has to be discontinued as a consequence of toxicity, ipilimumab must also be stopped.

Detailed guidelines for the management of immune-related adverse reactions are provided in the network immunotherapy acute oncology guidelines.

Treatment Threshold (combination and monotherapy)

Administer treatment on day 1 and 22 if:

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| Platelets | Neutrophils | Serum Creatinine | Bilirubin | AST/ALT | Alkaline Phosphatase | TSH and Free T4 |
|-------------------------|--------------------------|--|-------------------------|-------------------------|-------------------------|--|
| $\geq 75 \times 10^9/L$ | $\geq 1.0 \times 10^9/L$ | $\leq 1.5 \times \text{ULN}$ or baseline | $< 3 \times \text{ULN}$ | $< 5 \times \text{ULN}$ | $< 5 \times \text{ULN}$ | Within range or no change from base line |

ULN = upper limit of normal

Platelets must be within normal range prior to Cycle 1.

Toxicity management:

Detailed guidelines are provided in the CCC clinical network immunotherapy acute oncology guidelines. Systemic high-dose corticosteroid with or without additional immunosuppressive therapy may be required for management of severe immune-related adverse reactions.

| Toxicity Grade | Action |
|------------------------|---|
| Grade 1 Mild | Continue treatment increase monitoring and provide symptomatic treatment. |

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| Grade 2 Moderate | Withhold treatment until resolved to \leq grade 1. Refer to Immuno-Oncology toxicity specific guidance for adverse event management. |
| Grade 3 and Grade 4 Severe | Withhold treatment. Treatment will be permanently discontinued for any unresolving grade 3-4, severe or life-threatening adverse reaction at the treating clinician's discretion. Refer to Immuno-Oncology toxicity specific guidance for adverse event management. |

References:

1. EAMS Information for HCP MHRA [Nivolumab and Ipilimumab, Version 2, 24/12/2020]. Available from: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/957061/Nivolumab_Treatment_protocol_Information_for_healthcare_practitioners.pdf
2. Opdivo 10mg/mL, Summary of Product Characteristics, Bristol-Myers Squibb Pharmaceutical Limited. Available from www.medicines.org.uk/emc/medicine. Last updated 23rd March 2021
3. Scherpereel A, Antonia S, Bautista Y, et al. First-line nivolumab (NIVO) plus ipilimumab (IPI) versus chemotherapy (chemo) for the treatment of unresectable malignant pleural mesothelioma (MPM (CheckMate 743): a multicentre, randomised, open-label, phase 3 trial. *The Lancet*. Volume 397, Issue 10272, pp. 375-386
4. YERVOY 5 mg/ml concentrate for solution for infusion, Summary of Product Characteristics Bristol-Myers Squibb Pharmaceutical Limited. Available from www.medicines.org.uk/emc/medicine. Last updated 15th January 2021.

Circulation/Dissemination

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|--------------------------------------|---------------------------------|
| Date added into Q-Pulse | 13 th September 2022 |
| Date document posted on the Intranet | N/A |

Version History

| | Author name and designation | Summary of main changes |
|--|----------------------------------|------------------------------|
| | Hala Ghaz Lung SRG Pharmacist | New regimen protocol V1.0 |

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|--|--|----------------------------------|---|
| | | Hala Ghaz Lung SRG Pharmacist | NICE approved Updated in line with funding changes V1.1 |
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