





The Clatterbridge
Cancer Centre
NHS Foundation Trust

A large, stylized purple graphic on the left side of the page, composed of several concentric, semi-circular bands of varying thicknesses, resembling a stylized 'C' or a series of overlapping arcs.

Upper Gastrointestinal (UGI) Nursing and Support Team

Nursing

A guide for patients and carers



At The Clatterbridge Cancer Centre (CCC) we have a team of nurses and support workers who work directly with your medical team to provide advice and support for you throughout your treatment and beyond.

The Upper Gastrointestinal (UGI) Nursing and Support Team at Clatterbridge Cancer Centre (CCC) are the main point of contact for patients with cancer of the oesophagus and stomach.

The UGI team comprises of Clinical Nurse Specialists (CNS), Cancer Support Workers (CSW), Dieticians and Research nurses. Together we cover various locations across Cheshire and Merseyside.

The Clinical Nurse Specialist is a nurse who has specialist experience in UGI cancer care. Their role is to be a keyworker and point of contact for you and your family throughout your treatment at CCC, they can provide psychological support and symptom/toxicity management advice. They can signpost you to additional areas of support or refer you to other members of the multi-disciplinary team as required.

Cancer Support Workers work closely with and support the nursing and medical team. When you begin your treatment at Clatterbridge you will be invited to complete the Macmillan electronic Holistic Needs Assessment (eHNA). This will help us better understand and meet your individual needs and support you through your treatment. If at any time your needs change please ask for the link to be reassessed so the team can support you if anything changes. This assessment can be performed in person or over the telephone. Please let us know if this is more convenient for you.

A dietician specialises in helping patients and their caregivers develop a plan for good nutrition. They provide support and advice regarding diet and





supplements as some treatments can influence and impact on the amount and type of foods people can eat.

Research nurses work closely with the UGI team advising and supporting patients regarding current research the UGI team are involved in. To find out if you are eligible to participate in research at CCC, contact details are at the end of this form. You may be eligible to participate in clinical trials, however, this is completely voluntary and will not impact your treatment or care if you decline to do so.

Your Clinical Nurse Specialist is

Your Cancer Support Worker is

Your dietician is

Contact details

The UGI Nursing and Support Team can be contacted on:

Telephone: 0151 556 5089 (Monday-Friday 9am-5pm)

Please leave a message if no-one is available and we will aim to get back to you within 24 working hours.

The CCC research nurses can be contacted on:

Telephone: **0151 318 8544** (CCC-Liverpool) or **0151 556 5835** (CCC-Wirral)

The dietician can be contacted on:

Telephone: **0151 556 5117**

If you are unwell it's important you call the Clatterbridge Hotline. You can call the Hotline 24/7 on 0800 169 5555 for specialist nursing advice and assessment.

How we produce our information

All of our leaflets are produced by staff at The Clatterbridge Cancer Centre and this information is not sponsored or influenced in any way. Every effort is made to ensure that the information included in this leaflet is accurate and complete and we hope that it will add to any professional advice you have had. All our leaflets are evidence based where appropriate and they are regularly reviewed and updated. If you are concerned about your health in any way, you should consult your healthcare team.

We rely on a number of sources to gather evidence for our information. All of our information is in line with accepted national or international guidelines where possible. Where no guidelines exist, we rely on other reliable sources such as systematic reviews, published clinical trials data or a consensus review of experts. We also use medical textbooks, journals and government publications.

References for this leaflet can be obtained by telephoning 0151 556 5570.

If you need this leaflet in large print, Braille, audio or different language, please call 0151 556 5570.

If you have a comment, concern, compliment or complaint, please call 0151 556 5203.

The Clatterbridge Cancer Centre NHS Foundation Trust
Clatterbridge Road, Bebington,
Wirral, CH63 4JY.

Tel: 0151 556 5000

Web: www.clatterbridgecc.nhs.uk

Issue date: February 2022

Issue no: 1.0

Reference: LNUZUGINT

Review date: February 2024